

Charity





FUNDAÇÃO CALOUSTE GULBENKIAN

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ao serviço da saúde



Health and Human Development Department

Objectives and methodology

In 2006 the department of Health and Human Development continued to develop its work, making a fundamental contribution to improving the healthcare offered in Portugal, and the standards of living of people particularly through the promotion of the struggle against new problems of social exclusion and phenomena related to poverty.

	Amounts in euros
Personnel costs	717 134
Structural costs	241 130
Subsidies	3 719 974
Departmental activities	860 431
Total	5 538 669
Receipts	25 774

The basic aims that guide the department's activities are:

- › contributing to the promotion of excellence in medicine and to an improvement and humanisation of available healthcare;
- › promoting social integration of groups that are disadvantaged and vulnerable, through the principles of solidarity and human dignity; and
- › contributing to a reduction in those phenomena associated with poverty.

As far as the methodology of their involvement is concerned, the department of Health and Human Development participates through:

- › participating in and mobilising consideration of and debate on new themes faced by society today;
- › supporting projects in the defined areas of involvement chosen via public competitions;
- › special projects and programmes devised by the Foundation, carried out directly and through partnerships with other institutions;
- › the evaluation of methodologies and dissemination of meaningful results with the aim of contributing to the establishment of "good practice";
- › involvement in international networks and partnerships, which contribute towards the awareness of the importance of global health and its integration into different policies.

In 2006 the prioritised areas of intervention in support of health and human development were as follows:

In the area of health

- › ageing;
- › applied research into the sciences of health;

- › training of those who provide healthcare;
- › environment and health.

In this field, as well as the continuing management of and contact with those projects that had been supported following previous years' competitions, the department also made contributions through the setting up of competitions in the following areas:

- › post-graduate training abroad;
- › "The Control of Infection Related to Healthcare Provision".

In the area of social integration

- › the social problematics of risk;
- › ageing populations;
- › social integration and support;
- › immigration.

In this field the development of the following projects is worth highlighting:

- › the Project of Equivalence of Eastern Doctors;
- › the Project of Qualifications Equivalence for Immigrant Nurses;
- › the "Future" programme, with special emphasis on Projects on Early Intervention;
- › the "Generation" programme – the Opportunity Project.

Apart from its activities awarding grants, the department of Health and Human Development also promoted some of its own initiatives in tune with its mission and objectives, as well as many events which formed part of the Foundation's Fiftieth Anniversary Commemorations.

Activities developed

Research projects to develop the sciences of health

[€1 240 557]

The support for research into the sciences of health continue to be one of the most significant components of the Health and Human Development department's activities, and has as its main aim the intellectual stimulation of Portuguese researchers to innovation and originality, privileging partnerships – particularly international ones – between clinics and researchers in the basic sciences.

In the field of oncology, 10 multi-annual projects were supported, chosen through the competition launched back in 2005 for Financing Research Projects in the Field of "Cancer and Environment". The grants awarded in 2006 reached a total of € 241,375, and benefited the following institutions: The Faculty of Medical Sciences at the New University, Lisbon; The Portuguese Institute of Oncology of Lisbon and Porto; IPATIMUP – the Institute of Molecular Immunology and Pathology of the University of Porto; the University of the Algarve; The Research Centre for the Environment, Genetics and Oncology of the Faculty of Medicine at the University of Coimbra.

Four of the 13 multi-annual projects presented at the 2005 competition were also selected for support for research into public health in the area of influenza. The grants awarded in 2006 came to a total of **[€464 580]**

Over the course of 2006 there was also continuing support for 20 multi-annual projects chosen in previous years, specifically in the areas of oncology, infectious diseases and public health.

It is also worth highlighting the conclusion of the project “Prevention of Hip Dislocation in Cerebral Palsy – Botulinum Toxin”, developed by the Portuguese Cerebral Palsy Association. In 2006 this support came to **[€39 000]**

Projects in the area of public health **[€97 000]**

Infectious diseases continue to be one of the Foundation’s main preoccupations as far as public health is concerned, in particular tuberculosis, infections related to healthcare, and pandemics, specifically influenza. In this area, apart from the continuing support of some of the multi-annual projects chosen in earlier years, September 2006 saw the launch of a Competition for Financing Projects for Research into the Field of Controlling Infections Related to Healthcare Provision, with the aim of promoting the establishment and dissemination of good practice to the various different levels of healthcare – primary, hospital and chronic.

Neuro-degenerative diseases of ageing **[€78 000]**

The Foundation’s support for work in the area of ageing is principally done through funding projects in the field of neuro-degenerative diseases related to ageing for epidemiological, clinical, anatomic-pathological, genetic and etio-pathogenic studies.

In 2006 the activities of the Health and Human Development department were realised through the support for multi-annual projects selected from the Competition for Financing Research Projects in Neurosciences in the Area of Ageing, launched in 2005; as well as support for the Portuguese Association of Relatives and Friends of Alzheimer’s Sufferers for the conclusion of their Project for the Creation of a Centre for Neuropsychology and Assessment of Alzheimer’s Sufferers, and for the launch of the project “To Raise Awareness, Inform, Motivate and Train in the Area of Dementia”, aimed at the acquisition of new competencies and their subsequent application for professionals in this field.

Modernisation and technological innovation **[€341 500]**

The need for restriction of public expenses has put hospitals in a delicate position as regards funding for the introduction of new techniques. And although most departments do not require outside funding, those which deal with cutting-edge medicine, where there is a great capacity for

innovation, find themselves in an awkward position owing to the lack of funds made available for keeping up with technological progress.

This has led to the Foundation awarding grants in 2006 to some hospital departments that work on pioneering medicine, allowing them to acquire cutting-edge equipment. These grants totalled € 341,500, with the following institutions benefiting: The Orthopaedics and Trauma Department of the Curry Cabral Hospital in Lisbon; the Bissaya-Barreto Obstetrics and Neonatal Maternity Department in Coimbra; the Gastroenterology Department at the Garcia de Orta Hospital in Almada; and the 3rd Surgery Department at the Santa Maria Hospital in Lisbon.

Environment and health

[€161 453]

In the field of health and environment, the Foundation has sought to support activities that would contribute to the adoption of good practice from an environmental point of view, as well as to a greater awareness of environmental issues.

Within this field the Foundation chose and funded five multi-annual projects through the Competition for Financing Projects for Research into the Environment and Health, with the following institutions being the beneficiaries of grants which in 2006 totalled € 104,392: the Institute for Molecular and Cell Biology; the Analysis Laboratory of the Higher Technical Institute; the Faculty of Sciences of the University of Lisbon; and the Faculty of Engineering of the Catholic University.

It is also worth mentioning the “Environment and Health” portal, for which in its initial phase funds of € 38,640 were provided. With the creation of this communication tool the Foundation seeks not only to contribute to people’s awareness of this subject and to disseminate information in areas that impact public health, but also to promote the dissemination of knowledge and research currently being carried out on this field on a national level.

Training and information

[€305 762]

In an attempt to contribute to the country’s continuing efforts to remain up to date with the latest advances being made in the field of healthcare, the training of all those whose work relates to this subject remains one of the priorities of the Health and Human Development department. In 2006 this support was given through a public competition for the awarding of grants aimed at post-graduate training for doctors, nurses and hospital administrators, to be carried out in centres abroad with well-established reputations. The grants sought to support:

- a) doctors, in various areas of specialisation;
- b) doctors, nurses and hospital administrators, in the field of healthcare management;
- c) doctors and nurses in the fields of family support, community medicine and palliative care.

25 grants were awarded, to a total of € 118,932, with the following medical areas benefiting: oncology, radiology and intervention radiology, physical therapy for rehabilitation, pneumology, emergency medicine and palliative care.

Alongside those grants given as part of the competition another 14 grants were also awarded, some for taking courses abroad, some for the organisation of conferences and symposia and some for the organisation of training courses. The total value of these grants came to

[€95 830]

It is also worth drawing attention to the continuing support for the project “Health in the Information Age: Doctors and Users”, developed by the Centre for Sociology Research and Study at the Higher Institute of Sciences, Work and Business (€ 66,000), as well as a grant to the value of € 25,000 awarded to IPATIMUP – the Institute of Molecular Immunology and Pathology of the University of Porto – for them to carry out their 3rd series on Preventative Medicine for Cancer.

Humanizing healthcare

[€85 335]

The Health and Human Development department retained as one of its priorities those projects that work in the areas of palliative medicine and palliative care. With this in mind, support continued for 14 projects that had been chosen in the 2004 Competition for Financing Research Projects in Palliative Care.

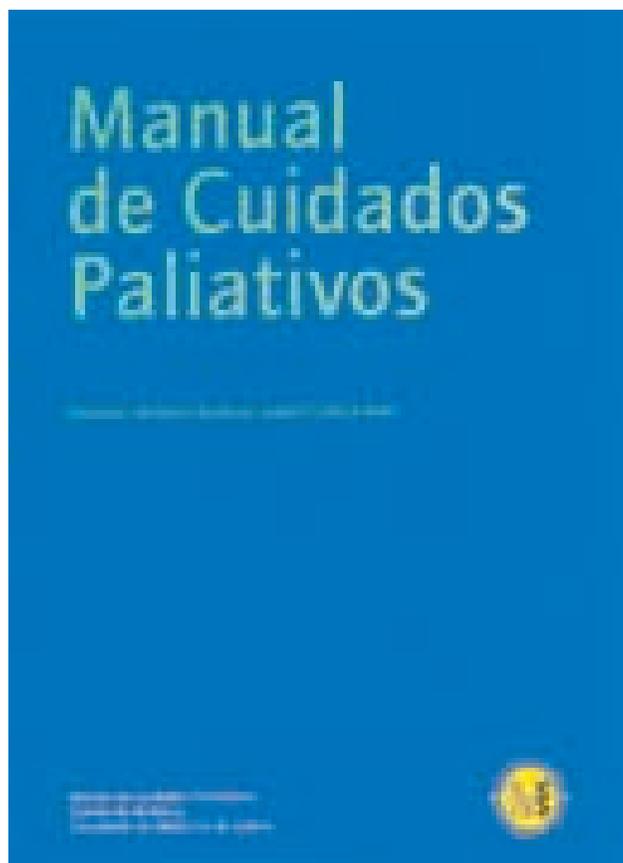
Another grant that stands out was the one awarded to the Lisbon Faculty of Medicine for the publication of their *Manual of Palliative Care*, as well as the support given to the Portuguese Multiple Sclerosis Society for the development of their project for Creating a Home Rehabilitation Unit.

Social support and integration [€391 963]

In the area of social support and integration, support was given to initiatives and projects that promote increasing autonomy for people who find themselves excluded or find it very difficult to integrate, thereby contributing to an escape from those paths that lead to exclusion. For this, the following activities are worth highlighting:

“K’City” project

The “K’City” project, already in its second year, is being developed in partnerships with the Aga Khan



Foundation and comprises community development projects in marginalised urban areas – Alto do Lumiar, Ameixoeira and Mira Sintra. In 2006 the Foundation's contribution was of the value of

[€150 000]

Microcredit

Microcredit has shown itself to be a very effective weapon in the fight against poverty and in the integration of the most disadvantaged into productive networks. So the Foundation worked with Caritas and the Millennium BCP to develop a microcredit project which pays particular attention to support for the micro-borrower, usually young people in search of their first job, the unemployed, the retired or immigrants, whether at the stage of the development and consolidation of their idea or at the stage of sustaining of the job created, through training and capacity-building, specifically in the areas of small-business management.

The Foundation's role was to support the development of content for 12 training modules and the preparation of the respective handbooks, with their 2006 contribution coming to a total of

[€86 823]

Social Support Fund

61 grants related to the Social Support Fund were awarded, totalling

[€46 865]

It is also worth drawing attention to a grant of € 25,000 awarded to the Khapaz Cultural Association to support a Project to Establish a European Hip-Hop Academy. This is a way of integrating young people descended from immigrants who pass on their own cultural contribution to their host society through the dissemination of hip-hop culture.

Promoting the well-being of the elderly

[€156 310]

The increasingly common circumstances experienced by the elderly of loneliness and isolation, abandonment by their families, poverty and even being deprived of basic standards of living and well-being, has led the Foundation to continue its investment in the search for new forms of support and reintegration.

This meant that grants were awarded to the following institutions in 2006: the Order of São José of the Labourer; the Belas Parish Social Centre; the Ilha Parish Social Centre; the Corvo Santa Casa da Misericórdia; the Vila de Rei House for Children, Young People and the Elderly; the Alquerubim Social Solidarity Association; the Social and Recreational Association for Pensioners from the Council of Valença; the Institute of Sisters Hospitallers of the Sacred Heart of Jesus; the Águeda Santa Casa da Misericórdia; and the Miranda do Corvo Health Centre.

Immigration

Immigrant nurses

Since the component of the project supporting the recognition of equivalent qualifications has now been concluded, the work in 2006 moved towards the preparation of a group of tools to support the

teaching of the Portuguese language, culture and citizenship to foreigners with qualifications in the field of health, with the aim of offering them the possibility of a higher standard of progress and true cultural, personal and professional integration into their new host country. In 2006 this support came to a value of

[€29 630]

The “Generation” project

The “Generation” project has been in the process of development in the Casal da Boba rehousing neighbourhood in Amadora, where the great majority of the population are of Cape Verdean origin. The project’s key aim is to identify the main obstacles facing children and young people living in the area, and which significantly draw them onto divergent paths, while at the same time finding and testing ways of helping them to overcome them. The Foundation’s partners in this project are the Amadora Town Council, ACIME and all of the public and private institutions active in the area.

Within this field it is worth highlighting the initiatives to energise and mobilise the people of the neighbourhood, the alternative curricula developed for young people at risk of dropping out of school, activities for the prevention and supporting the re-integration of young people facing troubles with the law, activities in health education as well as various activities aimed towards children and young people after school, supporting the development of their personal and inter-personal skills.

Over the course of 2006 a total of € 86,000 was awarded in grants, with support given to a variety of institutions active in the area: the São Brás Parish Council, the Amadora Santa Casa da Misericórdia, the United Cape Verde Associations, the São Brás Social and Paroquial Centre, School EB2, 3 Miguel Torga in the Casal de São Brás.

The social problematics of risk

[€760 444]

In this area of involvement the Foundation pays particular attention to the integration and autonomy of the most fragile and vulnerable groups of people, among whom children and young people stand out. 2006 saw the development of the following projects:

› the “Better to Prevent It” project – this is a project which the Foundation has been developing in the area of adolescent maternity, in partnership with Alfredo da Costa Maternity and other institutions active in this area, with the objective of supporting adolescents over the course of their pregnancies and after they have given birth. In 2006 this support came to a total value of

[€58 500]

› the Early Intervention project – Building Good Practice – a project developed in conjunction with the TorreGuia Social Solidarity Cooperative, Cercizimbra and the Sesimbra Town Council, with the aim of reinforcing and increasing the value of the work which the Cercizimbra Early Intervention Team has been developing alongside the families of children with developmental difficulties. The Foundation’s contributions to this project in 2006 came to a total of

[€124 681]

› the “With Children and the Family – a New Kind of Intervention” project – developed in partnership with the “Step by Step” Association which seeks to prevent the institutionalisation

of children who are born at or are being treated at the Fernando Fonseca Hospital, and who are seen to be at risk. Contributions to this project in 2006 came to a total value of

[€80 473]

Also within this same context a number of other institutions were supported with grants totalling € 264,790, of which the following are worth highlighting: the National Association for Early Intervention; the Mothers' Assistance Association; the Santo António House of Protection and Support; the Portuguese Anti-Prohibitionist Association – SOMA; the Algarve Association for the Support of Exceptional People; the Regional Centre of Alcohol-Related Disorders of the Centro Maria Lucília Mercês de Melo; the Life and Peace Community; the Order of the Oblate Sisters of the Most Holy Redeemer; the Life Defender movement; the Our Lady of Piety Kindergarten in Odemira; the Sagres Children's Association; and the Union of Portuguese Misericórdias.

It is also worth drawing attention to a grant for € 25,000 awarded to the Ronald McDonald Children's Foundation, to support the building and fitting out of the first Ronald McDonald House in Portugal. This is a new kind of infrastructure designed for the most disadvantaged group of the disadvantaged – sick children, coming from poor family groups.

Participation in international partnerships

[€13 000]

Over the course of 2006 the Foundation strengthened its participation in the “European Partnership for Global Health”. Within this work it is worth highlighting the participation during the year in a number of working meetings, with particular emphasis on a “satellite event” on this subject which ran during the Annual General Assembly of the European Foundation Centre, as well as the development and launch of the *European Perspectives on Global Health* glossary, taken as the starting point for a dialogue on questions of global health in Europe.

Also within the framework of this subject, the Foundation offered support to two other international initiatives:

- › the 21th Metropolis Conference, which every year brings together the most respected researchers in the world in the area of migration, under the subject heading of “Paths & Crossroads: Moving People, Changing Places”; and
- › an international conference forming a part of north-south dialogue, organised by the European Centre for Global Solidarity and Interdependence (North-South Centre) of the Council of Europe, in partnership with the Parliamentary Assembly of the Council of Europe and the Portuguese Parliament, whose subject was “Co-development and Democracy: the Socio-Political Role of Migrants”.

The Foundation's own initiatives

[€860 431]

One of the roles that the Foundation has assumed has been the energising of the debate on and consideration of the most wide-ranging subjects facing contemporary society. So during 2006 the Health and Human Development department promoted a range of activities, some of them as part of the Foundation's Fiftieth Anniversary Commemorations:

The “Communication and Prevention in Environment and Health” colloquium

The “Communication and Prevention in Environment and Health” colloquium, which was held on the 23 November, in Auditorium 3 of the Foundation, continued the programme of colloquia and seminars included within Cycle III of the Gulbenkian Health Forum. This initiative was in partnership with the European Environment Agency and the Joint Research Centre, and included the participation of domestic and foreign specialists in these subjects. The subjects were: “The Principle of Prevention: Practical Examples and Theoretical Perspectives”; “Science and Prevention: Between Facts and Values”; “Science, Uncertainty and Responsibility”; and “How to Communicate on Environment and Health”.

This same occasion saw the presentation and launch of the “Environment and Health” portal, a task which fell to the two leaders of the team responsible for its creation, Prof. Drs. Carlos Borrego and Francisco Ferreira.

The Gulbenkian Immigration Forum 2006-2007

The Calouste Gulbenkian Foundation chose the subject of immigration as one of the main threads running through the initiatives associated with its Fiftieth Anniversary Commemorations, and to this end invited the High Commission for Immigration and Ethnic Minorities to form a partnership. This decision was taken owing to the perceived need to promote knowledge and informed debate on the reality of migratory currents and the challenges for the integration of immigrants in their target societies, whether on a European or a national level.

This event, which would culminate in 2007 with the holding of an international conference, “Immigration: Opportunity or Threat?”, included the following initiatives in 2006:

- › the “Migrations in an Interconnected World: New Lines of Action” conference, which saw the launch of the Portuguese version of the report of the World Commission on International Migration, funded by the Foundation;
- › the “Life Stories of Immigrant Doctors” meeting, where the doctors supported by the Foundation within the framework of the Project to Recognise Academic Qualifications were brought together to discuss their experiences. The event also saw the launch of the book *Back to Being a Doctor*, by the journalist Ricardo Dias Felner;
- › the “Migration and Politics of Development within the Framework of the CPLP” seminar, whose participants included various specialists and official representatives of the governments and authorities from the CPLP countries and whose main objective was to promote discussion of the role played by diasporas as agents of development;
- › the conference on the Common Agenda for Integration and a Common Approach to the Subject of Management of Economic Immigration – “The European Union and Immigration”; and
- › seven workshops in which national and foreign specialists and personalities took part, and whose conclusions would be presented to the final conference.

All of these initiatives were held on the Foundation’s sites between March and November 2006.

The Foundation simultaneously devised an artistic programme to run through the year, which aimed to discover the different dimensions of the cultural reality of immigrants, of their own vision of their



host country and of their relationship with Portuguese people, as well as of the cultural and artistic exchanges generated between immigrant communities and destination societies.

This artistic programme included diverse initiatives: a film-installation by Sérgio Tréfaut on the daily lives of immigrants in Lisbon; an exhibition of photographs entitled “Welcome”, by some ex-students of the Photography Course of the Gulbenkian Programme of Artistic Creativity and Creation which was shown on the front wall of the Foundation; a multimedia installation of 12 films entitled *Among Us*; and five shows held in the Open-Air Amphitheatre, featuring musicians, actors and dressmakers whose origins are in different countries and who are immigrants to Portugal – *Contra-Banzo*, *Chullage*, *Vento Leste* (The East Wind), *The Pyramid Sessions* and *Lisa*.

✦
Natasha Marjanovic in the monologue *The East Wind* – a show included within the artistic programme of the Gulbenkian Immigration Forum.

The Gulbenkian Health Forum

As part of the Foundation's Fiftieth Anniversary Commemorations, the 2006-7 Forum was made up of an extremely diverse programme, structured into a number of cycles.

Cycle I, under the heading "Medicine and Other Arts", examined medicine as a source of inspiration for various areas of artistic creation, and at the way in which it is possible to build bridges between different cultures.

Cycle II – "Conflicts of Interest and Medicine" – for which the Foundation set up a partnership with the Royal College of Surgeons of England – saw discussions of the complex relations between the various actors who participate in the area of health: doctors, patients, social communication, the pharmaceutical industry, managers.

Cycle III, entitled "Environment and Health", dealt with the close and complex relationship between the environmental problems and their impact on the health of the population, analysing their vulnerability to factors linked to different stages and processes of development. This was disseminated through three thematic sub-cycles which made up a conference open to the general public, with contributions from experts from partner organisations and a training seminar, which also saw the participation of these experts and a number of Portuguese researchers who have particularly distinguished themselves in the chosen areas, viz. air pollution, water pollution and climate change.

Finally, Cycle IV, on the theme of "Medicine and Signs of the Times", was one of the most important moments of the programme, dealing with the Foundation's work in areas as varied as public health, advanced hospital medicine, the organisation and management of health services, the training of professionals and new paths in biomedical research. This commemorative programme included two conferences – "Biomedical Research and Clinical Practice" and "Generations and Change in Medicine" – a debate and the screening of a film documentary entitled *The Calouste Gulbenkian Foundation in the Service of Health – Witnesses*.

The same occasion saw the opening of the exhibition "In the Service of Health", which bore witness to the Foundation's main involvements from the 1960s to the present, integrating them within a context that identified the relevant strands in the evolution of Portuguese medicine. The programme would continue into 2007 with further cycles of debates.

Launch of the
"In the Service of Health"
exhibition. Dr Isabel Mota,
Foundation Administrator,
with His Excellency
the Minister for Health
António Correia
de Campos, and one
of the exhibition directors,
Prof. Jorge Soares,
05/12/2006.

